

# Pond Inlet/Mittimatalik



**IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S IMMEDIATE SAFETYCALL RCMP 1-867-979-0123 (867-899-0123)**

**FOR NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS**

**CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)**

**KIDS HELP PHONE – 1-800-668-6868 (ALL DAY, EVERYDAY)**

**CRISIS TEXT LINE – TEXT "CONNECT" TO 686868 (ALL DAY, EVERYDAY)**

**HOPE FOR WELLNESS HELPLINE – 1-855-242-3310 (ALL DAY, EVERYDAY)**

**COMMUNITY RESOURCES & SUPPORTS**

<b>ILLNESS/INJURY (NON-LIFE THREATENING)</b>	<b>SUPPORT AND COUNSELLING</b>	<b>DISTRESS/ SUICIDAL THOUGHTS</b>	<b>ADVOCACY</b>	<b>SEXUAL ASSAULT</b>	<b>EMERGENCY HOUSING</b>	<b>EMERGENCY FUNDING</b>
<p><b>Health Center</b> 867-899-7500</p>	<p><b>Community and Public Health Nurse</b></p> <p>For contact info please visit: <a href="https://www.gov.nu.ca/sites/default/files/health.pdf">https://www.gov.nu.ca/sites/default/files/health.pdf</a></p>	<p><b>Psychiatric Nurse</b> 867 899 7500</p>	<p><b>Representative for Children and Youth</b></p> <p>1-855-449-8118 <a href="mailto:contact@rcynu.ca">contact@rcynu.ca</a></p>	<p><b>Health Centre</b></p> <p><b>Social Services Office / Emergency</b></p> <p><b>Assaulted Women's Helpline</b> (866) 863 0511</p> <p><b>RCMP</b> 867 899 1111</p>	<p><b>Social Services Office</b> 867 899 7502</p> <p><b>Pond Inlet/Mittimatalik Housing Organizations</b> 867 899 8909</p> <p><b>Nunavut Housing Corporation</b> 867-252-3756 <a href="http://www.NunavutHousing.ca/">http://www.NunavutHousing.ca/</a></p>	<p><b>Social Assistance (18 and over)</b> 867-899-7502</p> <p><b>QIA's Grants and Contributions</b> 800-667-2742 867-975-8400 <a href="https://www.qia.ca/applications/">https://www.qia.ca/applications/</a></p> <p><b>Kaviak Applications</b> <a href="http://www.kakivak.ca/en/applications">http://www.kakivak.ca/en/applications</a></p> <p><b>Government of Nunavut Employee/Family Assistance</b> (800) 663 1142</p> <p><b>Government of Canada Employee/Family Assistance</b> (800) 268 7708</p> <p><b>Financial Assistance For Nunavut Students</b> 1-877-860-0680</p>

**OTHER RESOURCES / SUPPORTS AVAILABLE IN POND INLET/MITTIMATALIK:**

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

**FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE LIFE COUNCIL – WWW.INUUSIQ.COM**