

IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S IMMEDIATE SAFETYCALL RCMP 1-867-979-0123 (867-439-0123)

FOR NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS

CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)

KIDS HELP PHONE – 1-800-668-6868 (ALL DAY, EVERYDAY)

CRISIS TEXT LINE – TEXT "CONNECT" TO 686868 (ALL DAY, EVERYDAY)

HOPE FOR WELLNESS HELPLINE – 1-855-242-3310 (ALL DAY, EVERYDAY)

COMMUNITY RESOURCES & SUPPORTS

ILLNESS/INJURY (NON-LIFE THREATENING)	SUPPORT AND COUNSELLING	DISTRESS/ SUICIDAL THOUGHTS	ADVOCACY	SEXUAL ASSAULT	EMERGENCY HOUSING	EMERGENCY FUNDING
<p>Health Center (867) 980-9923</p>	<p>Ilisaqsivik Toll-free counselling line: 1-888- 331-4433 (Inuktitut and English) Wellness counselor</p>	<p>Iqaluit Mental Health (867) 975-5999</p>	<p>Representative for Children and Youth 1-855-449- 8118 contact@rcynu.ca Child and Youth Support Centre 867-975-5233</p>	<p>Nunavut Victim Services: 1-866-456- 5216</p>	<p>Social Services Office: (867) 252-3865 Social Services Emergency Local Housing Organizations 867-980-9928 Nunavut Housing Corporation 867-252-3756 http://www. Nunavut housing.ca/</p>	<p>Social Assistance (18 and over) Income Assistance Officer 1-800-567-1514 Government of Nunavut Employee/Family Assistance (800) 663 1142 Government of Canada Employee/Family Assistance (800) 268 7708 Kaviak Applications http://www. kativak.ca/en/ applications QIA's Grants and Contributions 800-667-2742 867-975-8400 https://www.qia.ca/app lications/</p>

OTHER RESOURCES / SUPPORTS AVAILABLE IN GRISE FIORD / AUJUITTUQ:

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE LIFE COUNCIL – WWW.INUUSIQ.COM