

**IN CASE OF LIFE-THREATENING SITUATIONS / CONCERNS FOR ONE'S OWN OR SOMEONE ELSE'S
IMMEDIATE SAFETY
CALL RCMP 1-867-927-1111**

NON-LIFE-THREATENING YOUTH DISTRESS SITUATIONS

CALL KAMATSIAQTUT HELPLINE – 867-979-3333 / 800-265-3333 (ALL DAY, EVERYDAY)

CALL HOPE FOR WELLNESS – 855-242-3310 (ALL DAY, EVERYDAY)

**OR CALL KIDS HELP PHONE – 1-800-668-6868 / CRISIS TEXT LINE – TEXT "CONNECT" TO
686868 (ALL DAY, EVERYDAY)**

COMMUNITY RESOURCES & SUPPORTS

ILLNESS/ INJURY (NON- LIFE THREATENING)	SUPPORT AND COUNSELLING	DISTRESS/ SUICIDAL THOUGHTS	ADVOCACY	SEXUAL ASSAULT	EMERGENCY HOUSING	EMERGENCY FUNDING
Health Centre 867-927-8916	Family Wellness Office 867-927-8863	Psychiatric Nurse 867-473-8977	Representative for Children and Youth 855-449-8118 Community Justice Outreach Worker 867-927-8089	Health Centre 867-927-8916 Social Services Office 867-927-8863	Social Services Office 867-927-8863 Nunavut Housing Corporation 867-252-3756 http://www.nunavuthousing.ca/home	Income Assistance Worker 867-927-8485 QIA's Grants and Contributions 800-667-2742 867-975-8400 https://www.qia.ca/applications/ Financial Assistance For Nunavut Students 1-877-860-0680 https://www.gov.nu.ca/education/programs-services/financial-assistance-nunavut-students-fans Kakivak Association 1-800-561-0911 http://www.kakivak.ca/en/overview

OTHER RESOURCES / SUPPORTS AVAILABLE IN QIKIQTARJUAQ:

- FAMILY / FRIENDS WHO YOU TRUST
- ELDERS WHO YOU TRUST

**FOR OTHER SUPPORTS, VISIT ISAKSIMAGIT INUUSIRMI KATUJJIQAATIGIIT EMBRACE
LIFE COUNCIL – WWW.INUUSIQ.COM**